

ASSISTED LIVING COMMUNITY 5601 Girby Road · Mobile, AL 36693 · (251) 666-1005 · www.knollwoodpointe.com



HERE COMES RAVEN COTTONTAIL ...



Activity Director, Stormy Moring

AGE IS JUST A NUMBER!

COMMUNITY!



All bets were on Ms. Iris when it came to who would sit on the Easter Bunny's lap! She reminds us all that you're never too old to enjoy childhood pleasures.

We would like to give a shout out

to our caregiver, Raven Baldwin,

for volunteering to be our Easter

Bunny this year. Raven Cottontail

THANK YOU, RAVEN, FOR YOUR

spread Easter joy and treats throughout our Knollwood Pointe

Assisted Living Community.

SELFLESS ACTIONS IN OUR

JUNE 2023

The Woman Behind Father's Day

It took a mother to bring equity to fathers. As she sat in church more than 100 years ago in Spokane, Wash., Sonora Smart Dodd listened to a sermon about Mother's Day. It made her wonder why there was no Father's Day. Dodd, one of six children, was determined to find a way to honor her father, who raised the family after Dodd's mother died. That year, 1909, Dodd took her concerns to the Spokane Ministerial Alliance and suggested that fathers have their day. Her idea gained support. On June 19, 1910, Spokane recognized the first Father's Day on record. Dodd, who had a son of her own, must have appreciated it when President Calvin Coolidge approved a nationwide celebration of Father's Day in 1924.

Dodd, an Arkansas native, was 96 when she died in 1978.







ASSISTED LIVING

JUNE 2023

MEET THE TEAM

EXECUTIVE DIRECTOR KIM THIELKER ALF & SCALF DIRECTOR TRETTA HUFF, RN **RESIDENT CARE** COORDINATORS VALERIE BELL, LPN CHARNELLE NICHOLS, LPN **ADMISSIONS & SALES** DIRECTOR JENNIFER MEDEIROS **DINING SERVICES** DIRECTOR/CHEF DAVID TWACHTMAN MAINTENANCE DIRECTOR DAVID MAHAN ACTIVITY DIRECTORS JESS KIMBLER, MC STORMY MORING, AL

Soups in Summer

Usually a cozy winter meal, soup can be a great choice for summer, too. Popular selections for the season include cold soups like gazpacho or creamy cucumber soup, as well as recipes starring summer produce, such as corn chowder or vegetable stew with zucchini, okra and bell peppers.

"The lemon is the symbol of tart refreshment; its color and fragrance lift our spirits before we even taste it." —Lori Longbotham

D	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ASE					1 10:00 RESIDENT COUNCIL MEETING 10:30 GARDEN CLUB 12:00 LUNCH 1:00 SIGHTSEEING TRIP 3:00 BROTHER ALLEN 5:30 DINNER	2 10:00 SOCIAL GATHERING 10:30 SIT N BE FIT 12:00 LUNCH 2:00 ICE CREAM SOCIAL SPONSORED BY SOUTHERN CARE 3:30 CHARADES 5:30 DINNER	3 9:00 VITAMIN D & ME COURTYARD SOCIALIZING 10:00 MANAGER ON DUTY ACTIVITY 12:00 LUNCH 2:00 RESIDENT CHOICE 5:30 DINNER
R DR .PN S	4 9:00 COFFEE & NEWS 10:00 CHURCH WITH TAWANNA 12:00 LUNCH 2:00 TAKE A STROLL IN THE COURTYARD 4:00 RESIDENT CHOICE 5:30 DINNER	5 10:00 SOCIAL GATHERING 10:30 SIT N BE FIT 12:00 LUNCH 1:00 MANICURES 2:00 BINGO 5:30 DINNER	6 10:00 SOCIAL GATHERING 10:30 KNITTING & CROCHETING CLASS 12:00 LUNCH 2:00 DOMINOES 3:00 KP WALKING CLUB 5:30 DINNER	7 9:00 BIBLE STUDY WITH TAWANNA ON MC UNIT 10:30 SIT N BE FIT 12:00 LUNCH 2:00 BINGO 3:00 CHARADES 5:30 DINNER	8 10:00 SOCIAL GATHERING 10:30 ARTS & CRAFTS 11:00 LUNCH OUTING 2:00 DOMINOES 3:00 BROTHER ALLEN 5:30 DINNER	9 10:00 SOCIAL GATHERING 10:30 SIT N BE FIT 12:00 LUNCH 2:00 CHIP & DIP SOCIAL 3:30 CHARADES 5:30 DINNER	10 9:00 VITAMIN D & ME COURTYARD SOCIALIZING 10:00 MANAGER ON DUTY ACTIVITY 12:00 LUNCH 2:00 RESIDENT CHOICE 5:30 DINNER
OR 5	11 9:00 COFFEE & NEWS 10:00 CHURCH WITH TAWANNA 12:00 LUNCH 2:00 TAKE A STROLL IN THE COURTYARD 4:00 RESIDENT CHOICE 5:30 DINNER	12 10:00 SOCIAL GATHERING 10:30 SIT N BE FIT 12:00 LUNCH 1:00 MANICURES 2:00 BINGO 5:30 DINNER	13 10:00 SOCIAL GATHERING 10:30 KNITTING & CROCHETING CLASS 12:00 LUNCH 2:00 ARTS & CRAFTS 3:00 KP WALKING CLUB 5:30 DINNER	14 9:00 BIBLE STUDY WITH TAWANNA ON MC UNIT 10:30 SIT N BE FIT 12:00 LUNCH 2:00 BINGO 3:00 CHARADES 5:30 DINNER	15 10:00 SOCIAL GATHERING 10:30 GARDEN CLUB 12:00 LUNCH 1:00 SIGHTSEEING TRIP 3:00 BROTHER ALLEN 5:30 DINNER	16 10:00 SOCIAL GATHERING 10:30 SIT N BE FIT 12:00 LUNCH 2:00 FATHER'S DAY SOCIAL SPONSORED BY SPRINGHILL HOME HEALTH & HOSPICE 3:30 CHARADES 5:30 DINNER	17 9:00 VITAMIN D & ME COURTYARD SOCIALIZING 10:00 MANAGER ON DUTY ACTIVITY 12:00 LUNCH 2:00 RESIDENT CHOICE 5:30 DINNER
, e W II	18 9:00 COFFEE & NEWS 10:00 CHURCH WITH TAWANNA 12:00 LUNCH 2:00 TAKE A STROLL IN THE COURTYARD 4:00 RESIDENT CHOICE 5:30 DINNER	Juneteenth 19 10:00 SOCIAL GATHERING 10:30 SIT N BE FIT 12:00 LUNCH 1:00 MANICURES 2:00 BINGO 5:30 DINNER	20 10:00 SOCIAL GATHERING 10:30 KNITTING & CROCHETING CLASS 12:00 LUNCH 2:00 DOMINOES 3:00 KP WALKING CLUB 5:30 DINNER	21 9:00 BIBLE STUDY WITH TAWANNA ON MC UNIT 10:30 SIT N BE FIT 12:00 LUNCH 2:00 BINGO 3:00 CHARADES 5:30 DINNER	22 10:00 ARTS & CRAFTS 10:00 SOCIAL GATHERING 11:00 LUNCH OUTING 2:00 DOMINOES 3:00 BROTHER ALLEN 5:30 DINNER	23 10:00 SOCIAL GATHERING 10:30 SIT N BE FIT 12:00 LUNCH 2:00 SNOWCONE SOCIAL SPONSORED BY GENTIVA HOSPICE 3:30 CHARADES 5:30 DINNER	24 9:00 VITAMIN D & ME COURTYARD SOCIALIZING 10:00 MANAGER ON DUTY ACTIVITY 12:00 LUNCH 2:00 RESIDENT CHOICE 5:30 DINNER
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RED HAT LADIES' MOTHER'S DAY TEA PARTY

Memory Care Activity Director, Jess Kimbler, sponsored and hosted the annual Mother's Day Tea Party. Ladies from the ALF and SCALF communities were invited to gather together and celebrate motherhood.





The ladies donned their hats for a photo op at the annual Mother's Day Tea!

A Flower for Moms

The carnation is regarded as the official flower of Mother's Day. The holiday's founder, Anna Jarvis, chose the frilly, fragrant bloom because it was her mother's favorite flower, and 500 white carnations were handed out at the first Mother's Day observance in 1908. Act. Dir. Jess Kimbler partnered with Le Roy's Florist in Tillman's Corner to present every lady with a silk carnation corsage.

ENTERING & EXITING THE COMMUNITY

- Please be aware that our policy regarding entering our community has been updated. Moving forward, all visitors and guests must enter and exit the community through the front door only and sign in at the front desk.
- The side entrance will only be used when loading and unloading residents and for employee entrance/exit.
- Staff are prohibited from giving out the door codes to the side entrance as well as the Memory Care entrance. Please do not ask staff for these codes. Our number one goal is to keep our community as secure as possible.
- For the safety of all our residents, staff members and visitors, please remember to sign out when leaving the community and alert the nurse on duty when taking a resident out of the community as well as signing the resident back in upon return to the community.

Thank you all for trusting us with the lives of your loved ones. We are working diligently to ensure that every resident is living in a safe, secure environment. Together, we can achieve this goal!



