


THE Knollwood Pointe Lifestyle



KNOLLWOOD
POINTE
SENIOR LIVING AT EASE

Like Us!  

ASSISTED LIVING COMMUNITY

5601 Girby Road • Mobile, AL 36693 • (251) 666-1005 • www.knollwoodpointe.com

NOVEMBER 2024

Our community will be partnering with Helping Hands Ministry for our annual Food Drive. The Food Drive started on October 23rd and will conclude on November 21st at our Friends Giving luncheon. We will only be accepting nonperishable foods. This will be our second year working with Helping Hands Ministry. Last year, our community put a Thanksgiving meal on the tables of 19 families in our local area. Together we can make a difference...one can...one family....at a time. Please RSVP no later than November 15th.



As the crisp autumn air fills our days and the vibrant colors of fall remind us of nature's beauty, we are reminded that Thanksgiving is just around the corner. It's a season that calls us to pause, reflect, and give thanks for the many blessings we share.

Here at Knollwood Pointe, we are so thankful for each and every one of you—our wonderful residents and the families who support them. The sense of community, warmth, and kindness you bring into our halls is what makes this place a true home. As we gather around the table this Thanksgiving, we want to extend our deepest gratitude for being a part of our family.

Our Thanksgiving feast will take place on November 21 at 12 o'clock in the afternoon, and we invite you to share this meal with us. It will be a time of good food, warm company, and cherished memories. We know that gathering around the table brings a sense of togetherness, and we look forward to sharing this precious time with all of you.

Warmest Regards,
Kendrick Wells
Executive Director



NOVEMBER
2024

Thanksgiving
Dinner: A
Tradition of
Gratitude

Thanksgiving dinner dates back to 1621 when the Pilgrims at Plymouth Colony celebrated a successful harvest with the Wampanoag people. The original feast lasted three days and featured venison, wild fowl, fish, and native crops like corn and squash. Over time, turkey became the centerpiece of the meal due to its availability and size. Other dishes like stuffing, cranberry sauce, and pumpkin pie were added, creating the traditional Thanksgiving spread. In 1863, President Lincoln declared Thanksgiving a national holiday. Since then, it has symbolized gratitude, unity, and family gatherings. Today, while regional dishes and family traditions vary, the spirit of Thanksgiving remains the same—celebrating abundance, gratitude, and togetherness. Happy Thanksgiving from **Knollwood Pointe!**

“Many people will walk in and out of your life, but only true friends will leave footprints in your heart.”
—Eleanor Roosevelt

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					All Saints' Day 10:30 Safety Stop & Snack Shop: Bring your Pendants to the Activity Room for Inspection 11:30 Seated Zumba Class 2:00 Family Feud 3:00 Movie Matinee	Día De Los Muertos • Invite a friend to take a walk outside in our beautiful courtyard. • Invite a friend to join you for a movie on our plush sofa. • Invite a friend to help you complete one of our many beautiful jigsaw puzzles.
<ul style="list-style-type: none">Church Service @ 10:45amInvite a friend to take a walk outside in our beautiful courtyard.Invite a friend to join you for a movie on our plush sofa.Invite a friend to help you complete one of our many beautiful jigsaw puzzles.	National Blood Pressure Day 11:00 Seated Yoga Class 11:30 Yahtzee 11:45 Bookmobile Visits! 2:00 Bingo 3:00 Resident Council	Election Day 10:30 KP Walking Club 11:00 Arts & Crafts 2:00 Bingo 3:00 Two for Tuesday: Movie & Popcorn	National Nacho Day 10:30 Praise & Workout with Christina Boyd 11:00 Nail Salon 2:00 Bingo 3:00 UNO with Friends	National Merlot Day 10:00 Walmart Shopping Trip 11:00 Veterans Day Art Class 2:00 Bingo 3:00 Brother Allen	11:00 Seated Zumba Class 11:30 Spades 2:00 Bingo 3:00 Movie Matinee	<ul style="list-style-type: none">Invite a friend to take a walk outside in our beautiful courtyard.Invite a friend to join you for a movie on our plush sofa.Invite a friend to help you complete one of our many beautiful jigsaw puzzles.
<ul style="list-style-type: none">Church Service @ 10:45amInvite a friend to take a walk outside in our beautiful courtyard.Invite a friend to join you for a movie on our plush sofa.Invite a friend to help you complete one of our many beautiful jigsaw puzzles.	Veterans Day 11:00 Teatime Trivia 11:30 Seated Yoga Class 2:00 Veterans Day Bingo 3:00 UNO with Friends	10:30 KP Walking Club 11:00 Arts & Crafts 2:00 Bingo 3:00 Two for Tuesday: Movie & Popcorn	Caregiver Appreciation Day 10:30 Praise & Workout with Christina Boyd 11:00 Nail Salon 2:00 Culinary Meeting with Chef Rachael 3:00 Chicken Foot	National Pickle Day 10:30 Arts & Crafts 11:30 Lunch Outing: Location To Be Decided 2:00 Bingo 3:00 Brother Allen	10:00 Burns Middle School Choir 11:30 Seated Zumba Class 2:00 Family Feud 3:00 Spades	<ul style="list-style-type: none">Invite a friend to take a walk outside in our beautiful courtyard.Invite a friend to join you for a movie on our plush sofa.Invite a friend to help you complete one of our many beautiful jigsaw puzzles.
<ul style="list-style-type: none">Church Service @ 10:45amInvite a friend to take a walk outside in our beautiful courtyard.Invite a friend to join you for a movie on our plush sofa.Invite a friend to help you complete one of our many beautiful jigsaw puzzles.	11:00 Seated Yoga Class 11:30 Yahtzee 2:00 Bingo 3:00 Chicken Foot	National Play Monopoly Day 10:30 KP Walking Club 11:00 Elvis Monopoly 2:00 Bingo 3:00 Two for Tuesday: Movie & Popcorn	10:30 Praise & Workout with Christina Boyd 11:00 Nail Salon 2:00 Bingo 3:00 Spades	10:00 Dollar Tree Shopping Trip 12:00 Friends Giving Food Drive Luncheon 2:00 Bingo 3:00 Brother Allen	11:00 Seated Zumba Class 11:30 Teatime Trivia 2:00 Bingo 3:00 UNO with Friends	<ul style="list-style-type: none">Invite a friend to take a walk outside in our beautiful courtyard.Invite a friend to join you for a movie on our plush sofa.Invite a friend to help you complete one of our many beautiful jigsaw puzzles.
<ul style="list-style-type: none">Church Service @ 10:45amInvite a friend to take a walk outside in our beautiful courtyard.Invite a friend to join you for a movie on our plush sofa.Invite a friend to help you complete one of our many beautiful jigsaw puzzles.	National Parfait Day 11:00 Teatime Trivia 11:30 Seated Yoga Class 11:45 Book Mobile Visits! 2:00 Bingo 3:00 UNO with Friends	10:30 KP Walking Club 11:00 Activity Planning Meeting 2:00 Bingo 3:00 Farmer's Market Social featuring a viewing of "The Wizard of Oz"	National Jukebox Day 10:30 Praise & Workout with Christina Boyd 11:00 Nail Salon 2:00 Bingo 3:00 Chicken Foot	9:30 Macy's Thanksgiving Day Parade 11:00 Independent Table Activities 2:00 Bingo 3:00 Brother Allen	11:00 Teatime Trivia 11:30 Seated Zumba Class 2:00 Family Feud 3:00 Spades	Iron Bowl Saturday!! • Join us at 2:00PM for our Auburn Tigers vs Alabama Crimson Tide Iron Bowl Tailgate Party! • Supper will be served in the Dining Room per usual. If you would like to continue watching the game, you may request to be served in the Activity Room!

Resident Spotlight: Iris Parker



Iris's Journey Through Life

Iris was born and raised in Mobile, Alabama, where she attended Little Flower Grade School before continuing her education at the Convent of Mercy. Known for her bright personality and strong work ethic, Iris began her professional journey at Mobile Gas, where she worked for about five years.

Her life took an exciting turn when she married Charles Rader, a Navy man. Together, they embarked on a life filled with adventure, traveling to different parts of the world. One of the highlights was their time living in Italy. The couple eventually moved to Key West, where their son, Chucky, was born—a joyful new chapter in their lives.

Iris shares a close bond with her twin sister, Irene, who frequently visits. Irene often takes her on outings, including trips to Biloxi, Mississippi, where Iris enjoys playing the penny slots. At home, she loves watching QVC—especially shopping for Susan Graver clothes—and indulging in fried shrimp, her favorite meal.

These days, Iris resides at Knollwood Pointe, where she has become the community ambassador. Always ready with a warm smile, she greets every new resident and guest, making them feel welcome. Her natural ability to connect with others has made her a beloved figure in the community. She enjoys social events and can often be found dancing the night away with her neighbors.

A charming memory from Iris's school days still brings a smile to her face. In grade school, two boys were passing out papers, and after handing one to Iris, they saw her twin. One boy ran back in confusion, exclaiming, "There are TWO of her!" The moment became a humorous part of their childhood.

Iris's life has been filled with love, travel, and cherished relationships. Now, as a cornerstone of her community at Knollwood Pointe, her story continues to inspire and uplift those around her.

Happy Birthday Mr. Austin



Veterans Day

We honor our Knollwood Pointe veterans this month:

Jack W.
William A.
John L.
Wilfred S.

