



KNOLLWOOD
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THE Knollwood Pointe *Lifestyle*

MEMORY CARE COMMUNITY
5601 Girby Road · Mobile, AL 36693 · (251) 666-1005 · www.knollwoodpointe.com

APRIL 2023



Keep Your Pets Safe This Easter

As you prepare for the Easter Bunny's arrival, keep in mind the potential dangers this candy-filled holiday can pose to your furry family members.

Chocolate and the artificial sweetener xylitol are very toxic to pets. Seasonal treats containing these ingredients need to be kept out of reach at all times.

When hiding Easter eggs, keep track of where all eggs are placed and collect any that aren't found after the hunt concludes. This advice applies to both plastic candy-filled eggs and dyed hard-boiled eggs.

Shredded Easter grass can be irresistible to pets, who may see this seasonal staple as a plaything or tasty snack. If ingested, plastic grass can cause gastrointestinal obstruction, often resulting in emergency surgery for removal.

Easter lilies, although beautiful, are very poisonous, especially for cats. Even being around lilies poses a hazard, so keep them out of your home and decorate with artificial versions instead.



Recycle for the Earth

This month we celebrate Earth Day, a time to raise awareness about the importance of helping the environment. We make saving the planet easy every day thanks to our recycling bins throughout the community. We encourage you to use these bins whenever you can; every small action makes a big difference!



APRIL 2023

Brain Bender: Words of Spring

Step into springtime fun with these word ladders. In each set, use the clues provided to change the first word, one letter at a time, to make the last word.

BIRD
 _____ To tie securely
 _____ A special connection
 _____ Deep sound of a bell
 SONG
 WIND
 _____ Takes first place
 _____ Sharp senses
 _____ Baby rabbits
 KITE
 RAIN

_____ To acquire
 _____ Wide smile
 _____ Hold tightly
 _____ Slowly falling liquid
 _____ The shape of rain
 _____ Harvested food
 _____ Loud black bird
 GROW
(Answers: 1. bird, bind, bond, bong, song; 2. wind, wins, wits, kits, kite; 3. rain, gain, grin, grip, drip, drop, crop, crow, grow)

**"The sky is always beautiful. Even when it's dark or rainy or cloudy, it's still beautiful to look at ... and it'll be there no matter what."
—Colleen Hoover**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 8:30AM MORNING NEWS 9AM COURTYARD STROLL 10AM BINGO 12:30PM MUSIC THERAPY 1:30PM SNACK & STROLL 2PM KICKBALL 3PM COURTYARD CHAT 4PM MUSIC THERAPY 6PM MOVIE MATINEE
2 8:30AM MORNING NEWS 9AM CHURCH WITH TAWANNA 10AM BINGO 1:30PM SNACK & STROLL 2PM KICKBALL 4PM COURTYARD CHAT 6PM MOVIE MATINEE	3 8:30AM NATURE SERIES 9AM MANICURES 9:30AM MUSIC THERAPY 10AM JAZZERCISE 12:30PM TABLE HOCKEY 1:30PM TEA FOR TWO SOCIAL 3PM BINGO 3:30PM COURTYARD CHAT	4 8:30AM NATURE SERIES 9AM COURTYARD STROLL 9:30AM MUSIC THERAPY 10AM BINGO 12:30PM KICKBALL 1PM EASTER PAINTING 2PM FEEL IT OUT GAME 3PM MOVIE MATINEE WITH POPCORN & DRINKS	5 8:30AM COURTYARD STROLL 9AM BIBLE STUDY 10AM COOKING CLASS 11AM MUSIC THERAPY 1PM JOIN US ON AN OUTING FOR MILKSHAKES AT LANGHAN PARK 1:30PM BINGO	6 8:30AM NATURE SERIES 9AM COURTYARD STROLL 10AM MUSIC WITH MIKE 12:30PM KICKBALL 1PM EASTER EGG DYEING 2PM BINGO SPONSORED BY OAK ST HEALTH 3:30PM BROTHER ALLEN	7 8:30AM NATURE SERIES 9AM COURTYARD STROLL 9:30AM TRIVIA 10AM CARAMEL POPCORN DAY SNACK 12:30PM TABLE HOCKEY 1PM EASTER EGG HUNT WITH THE EASTER BUNNY 3PM BINGO	8 8:30AM MORNING NEWS 9AM COURTYARD STROLL 10AM BINGO 12:30PM MUSIC THERAPY 1:30PM SNACK & STROLL 2PM KICKBALL 3PM COURTYARD CHAT 4PM MUSIC THERAPY 6PM MOVIE MATINEE
9 8:30AM MORNING NEWS 9AM CHURCH WITH TAWANNA 10AM BINGO EASTER LUNCHEON 2PM KICKBALL 4PM COURTYARD CHAT 6PM MOVIE MATINEE	10 8:30AM NATURE SERIES 9AM MANICURES 10AM JAZZERCISE 12:30PM TABLE HOCKEY 1:30PM FRESH FRUIT SOCIAL SPONSORED BY OAK ST HEALTH 3:30PM BINGO	11 8:30AM NATURE SERIES 9AM COURTYARD STROLL 9:30AM MUSIC THERAPY 10AM BINGO 12:30PM KICKBALL 1PM CHICKS PAINTING 2PM FEEL IT OUT GAME 3PM MOVIE MATINEE WITH POPCORN & DRINKS	12 8:30AM COURTYARD STROLL 9AM BIBLE STUDY 10AM COOKING CLASS 11AM MUSIC THERAPY 1PM JOIN US ON AN OUTING FOR SNACKS AT CRACKER BARREL 1:30PM BINGO	13 8:30AM NATURE SERIES 9AM COURTYARD STROLL 10AM MUSIC WITH MIKE 12:30PM BINGO 1PM ARTS & CRAFTS 2PM KICKBALL 3:30PM BROTHER ALLEN 4PM CARDS WITH CARESTAFF	14 8:30AM NATURE SERIES 9AM COURTYARD STROLL 9:30AM GARDENING CLUB AND PECAN DAY SOCIAL WITH AL SIDE 12:30PM TABLE HOCKEY 1:30PM HAPPY HOUR 2PM KP DANCE PARTY! 3PM BINGO	15 8:30AM MORNING NEWS 9AM COURTYARD STROLL 10AM BINGO 12:30PM MUSIC THERAPY 1:30PM SNACK & STROLL 2PM KICKBALL 3PM COURTYARD CHAT 4PM MUSIC THERAPY 6PM MOVIE MATINEE
16 8:30AM MORNING NEWS 9AM CHURCH WITH TAWANNA 10AM BINGO 1:30PM SNACK & STROLL 2PM KICKBALL 4PM COURTYARD CHAT 6PM MOVIE MATINEE	17 8:30AM NATURE SERIES 9AM MANICURES 9:30AM MUSIC THERAPY 10AM JAZZERCISE 12:30PM TABLE HOCKEY 1:30PM NATIONAL CHEESEBALL DAY SOCIAL 3PM BINGO 3:30PM COURTYARD CHAT	18 8:30AM NATURE SERIES 9AM COURTYARD STROLL 9:30AM MUSIC THERAPY 10AM BINGO 12:30PM KICKBALL 1PM FLAMENCO CRAFT 2PM FEEL IT OUT GAME 3PM MOVIE MATINEE WITH POPCORN & DRINKS	19 8:30AM COURTYARD STROLL 9AM BIBLE STUDY 10AM COOKING CLASS 1PM JOIN US ON AN OUTING FOR A WATERSIDE PICNIC AT STEELE CREEK LAKE 1:30PM BINGO	20 8:30AM NATURE SERIES 9AM COURTYARD STROLL 10AM MUSIC WITH MIKE 12:30PM BINGO 1PM BUTTERFLY CRAFT 2PM KICKBALL 3:30PM BROTHER ALLEN 4PM CARDS WITH CARESTAFF	21 8:30AM NATURE SERIES 9AM COURTYARD STROLL 9:30AM TRIVIA 10AM NATIONAL JELLYBEAN DAY TASTING 12:30PM TABLE HOCKEY 1:30PM HAPPY HOUR 2PM KP DANCE PARTY! 3PM BINGO	22 8:30AM MORNING NEWS 9AM COURTYARD STROLL 10AM BINGO 12:30PM MUSIC THERAPY 1:30PM SNACK & STROLL 2PM KICKBALL 3PM COURTYARD CHAT 4PM MUSIC THERAPY 6PM MOVIE MATINEE
23 8:30AM MORNING NEWS 9AM CHURCH WITH TAWANNA 10AM BINGO	24 8:30AM NATURE SERIES 9AM MANICURES 9:30AM MUSIC THERAPY 10AM JAZZERCISE 12:30PM TABLE HOCKEY 1:30PM PIGS IN A BLANKET DAY SOCIAL 3PM BINGO 3:30PM COURTYARD CHAT	25 8:30AM NATURE SERIES 9AM COURTYARD STROLL 9:30AM MUSIC THERAPY 10AM BINGO 12:30PM KICKBALL 1PM MAY BOARD CRAFT 2PM FEEL IT OUT GAME 3PM MOVIE MATINEE WITH POPCORN & DRINKS	26 8:30AM COURTYARD STROLL 9AM BIBLE STUDY 10AM COOKING CLASS 11AM MUSIC THERAPY 1PM JOIN US ON AN OUTING FOR SNACKS AT CRACKER BARREL 1:30PM BINGO	27 8:30AM NATURE SERIES 9AM COURTYARD STROLL 10AM MUSIC WITH MIKE 12:30PM BINGO 1PM MAY BOARD CRAFT 2PM KICKBALL 3:30PM BROTHER ALLEN 4PM CARDS WITH CARESTAFF	28 8:30AM NATURE SERIES 9AM COURTYARD STROLL 9:30AM TRIVIA 10AM NATIONAL PRETZEL DAY SNACK 12:30PM TABLE HOCKEY RESIDENT & STAFF MONTHLY BIRTHDAY PARTY	29 8:30AM MORNING NEWS 9AM COURTYARD STROLL 10AM BINGO 12:30PM MUSIC THERAPY 1:30PM SNACK & STROLL 2PM KICKBALL 3PM COURTYARD CHAT 4PM MUSIC THERAPY 6PM MOVIE MATINEE
30 8:30AM MORNING NEWS 9AM CHURCH WITH TAWANNA 10AM BINGO						



SPRING HAS ARRIVED!
Some days you have to stop and smell the flowers with a good friend!



SHARE A SMILE WITH A STRANGER ... ERRR ... STATUE!
Strolling through the Port City on one of our weekly community bus outings. Take the time to enjoy all the charms Earth has to offer and remember to leave only footprints behind.

Gardens Around the Globe

With blooming flowers and budding trees, a garden in springtime is an inviting place to enjoy nature's splendor. Take a virtual stroll through some of the world's grandest gardens.

Keukenhof. Called the "garden of Europe," this park in the town of Lisse, in the western Netherlands, is famous for its brilliant display of Dutch tulips, along with daffodils, crocuses, hyacinths and bluebells. More than 7 million bulbs are planted each year for the burst of color that unfolds from March through May.

Gardens of Versailles.

Commissioned by King Louis XIV in 1661, this formal French garden outside of Paris covers 2,000 acres on the grounds at the Palace of Versailles. Visitors can walk along topiary-lined pathways or ride a boat on the Grand Canal to view thousands of trees and flowering plants and hundreds of statues and fountains.

Nong Nooch Tropical Botanical Garden. The coastal city of Pattaya, Thailand, is home to 600 acres that showcase and conserve hundreds of native plants. Thai culture is also highlighted in dance performances and martial arts demonstrations.

Villa d'Este. The enchanted terraced gardens of this Renaissance-style estate in Tivoli, Italy, date back to the 16th century and are known for their elaborate water features, including waterfalls, fish ponds, and over 50 fountains, one of which plays organ music.

