

THE Knollwood Pointe Lifestyle



KNOLLWOOD
POINTE
SENIOR LIVING AT EASE

Like Us!  

MEMORY CARE COMMUNITY

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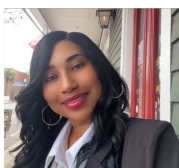
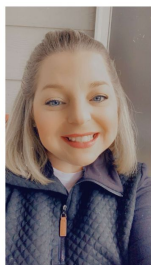
Celebrating Nurses Week May 5th - May 9th

This month, we're shining a spotlight on the incredible nurses who serve our community with skill, heart, and unwavering dedication. Nurses Week is a special time to say *thank you* for all the ways they care—not just for our residents, but for their fellow team members, families, and everyone who walks through our doors.

Our nurses are the calm in the storm, the steady hands in difficult moments, and the smiling faces who help make our community feel like home. From medical care and clinical expertise to listening ears and compassionate support, they truly do it all.

We are proud to celebrate our amazing team of nurses pictured here:

**Nurses- Charnelle, Tim,
Tabitha, Kelly, Helen,
Debra, Sherminika, Kathryn,
Nicole**



MAY 2025

Honoring Our Teachers

May 6th is **National Teacher's Day** and we proudly celebrate the incredible retired teachers who now call our community home. Though no longer in the classroom, their legacy of learning, leadership, and love continues to shine every day.

Throughout their careers, these educators shaped young minds, sparked curiosity, and helped generations find their path. And even in retirement, their impact remains just as strong.

Whether sharing stories from their teaching days, offering words of wisdom, or helping others with a kind and patient heart, our retired teachers continue to inspire everyone around them. They remind us that the heart of a teacher never stops giving.

From all of us—**thank you** for your dedication, your compassion, and your lifelong commitment to making the world a better, brighter place.

Once a teacher, always a teacher.



Ms. Tandy & Mr. Sewer

Thank you for educating our children, our legacies, our future!

MAY 2025

Kentucky Derby: More Than Just a Race

The Kentucky Derby, held annually on the first Saturday in May, is more than just a horse race—it’s a celebration of tradition, style, and community! Known as “The Most Exciting Two Minutes in Sports,” this iconic race draws thousands of spectators to Churchill Downs in Louisville, Kentucky, and millions more who enjoy the festivities from home. The day is filled with glamorous hats, mint juleps, and spirited cheering as thoroughbreds race to claim the coveted title. It’s a time to embrace the rich history of the event, with its roots tracing back to 1875, and to enjoy a sense of camaraderie with fellow Derby fans. Whether you’re watching the race, enjoying a Derby-themed party, or just relishing the excitement, the Kentucky Derby is a truly unique American tradition.

“May is the month of expectation, the month of wishes, the month of hope.”
—Emily Bronte

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Weekday Daily Activities 9:00 Devotion 9:30 Music Program (YouTube) 11:00 Independent Table Activities 1:00 Courtyard Gathering 1:30 Hydration 4:00 Movie Matinee			¹ 9:30 Mobile Public Library/Book Mobile 10:00 Dice-rcise 10:30 “Kick Ball” 2:00 “Butter Slime” Sensory Activity 2:30 Refreshments/Hydration 3:00 Spring Time Coloring 3:30 Bible Study with Brother Allen	² 9:00 Devotion and Gospel Singing 9:30 Activity with Audrea 2:00 Scenic Drive 2:30 Refreshments/Hydration 3:00 Activity with Audrea	³ Kentucky Derby Day 9:00 Sing Along (YouTube Playlist) 9:30 Activity with Audrea 10:00 Bingo 2:00 Table Top Activities 2:30 Color Me Wonderful 3:00 Activity with Audrea
⁴ 9:30 Church with TCOG 10:00 Refreshments/Hydration 10:30 Activity with Audrea 2:00 Bingo 3:00 Afternoon Movie 4:00 Activity with Audrea	⁵ Nurses Week Begins/ Cinco de Mayo 10:00 Chair Exercises with Carla 10:15 Cinco de Mayo Celebration 10:30 Refreshments/Hydration 2:00 Nail Salon with Carla 3:30 Courtyard Stroll	⁶ National Teachers Day 10:00 Bingo 2:00 Chair Exercises for Seniors (You Tube) 2:00 Refreshments 2:30 Color Me Wonderful 3:00 Front Porch Gathering	⁷ 9:30 “Fork” Painting Spring Flowers Craft 10:00 Praise & Workout with Christina Boyd 2:00 Bingo 2:30 Refreshments/Hydration 3:00 Courtyard Stroll	⁸ 10:00 Dice-rcise 10:30 “Kick Ball” 2:30 Refreshments/Hydration 3:00 Spring Time Coloring 3:30 Bible Study with Brother Allen	⁹ Nurses Week Ends 9:00 Mother’s Day Reminiscing Activity 10:00 Revival with Elizabeth & Friends 1:00 Scenic Drive 2:30 Mother’s Day Tea 3:00 Activity with Audrea	¹⁰ 9:00 Sing Along (YouTube Playlist) 10:00 Bingo 2:00 Table Top Activities 2:30 Color Me Wonderful
¹¹ Mother’s Day 9:30 Church with TCOG 10:00 Refreshments/Hydration 1:30 Courtyard Stroll 2:00 Bingo 3:00 Afternoon Movie	¹² 10:00 Chair Exercises with Carla 10:30 Refreshments/Hydration 2:00 Nail Salon with Carla 3:30 Courtyard Stroll	¹³ 10:00 Bingo 2:00 Chair Exercises for Seniors (You Tube) 2:00 Refreshments 2:30 Color Me Wonderful 3:00 Front Porch Gathering	¹⁴ 9:30 “Pitcher” Spring Painting 10:00 Praise & Workout with Christina Boyd 2:00 Bingo 2:30 Refreshments/Hydration 3:00 Courtyard Stroll	¹⁵ 10:00 Dice-rcise 10:30 “Kick Ball” 2:30 Refreshments/Hydration 3:00 Spring Time Coloring 3:30 Bible Study with Brother Allen	¹⁶ National Pizza Day 9:00 Devotion and Gospel Singing 10:00 Activity with Audrea 2:00 Scenic Drive 2:30 Refreshments/Hydration 3:00 Activity with Audrea	¹⁷ 9:00 Sing Along (YouTube Playlist) 9:30 Activity with Audrea 10:00 Bingo 2:00 Table Top Activities 2:30 Color Me Wonderful 3:00 Activity with Audrea
¹⁸ 9:30 Church with TCOG 10:00 Refreshments/Hydration 10:30 Activity with Audrea 2:00 Bingo 3:00 Afternoon Movie 4:00 Activity with Audrea	¹⁹ 10:00 Chair Exercises with Carla 10:30 Refreshments/Hydration 2:00 Nail Salon with Carla 3:30 Courtyard Stroll	²⁰ 10:00 Bingo 2:00 Chair Exercises for Seniors (You Tube) 2:00 Refreshments 2:30 Color Me Wonderful 3:00 Front Porch Gathering	²¹ 10:00 Praise & Workout with Christina Boyd 2:00 Bingo 2:30 Refreshments/Hydration 3:00 Courtyard Stroll 3:00 Worship with Joyce Robertson	²² National Vanilla Pudding Day 10:00 Dice-rcise 10:30 “Kick Ball” 2:30 Refreshments/Hydration 3:00 Spring Time Coloring 3:30 Bible Study with Brother Allen	²³ 9:00 Devotion and Gospel Singing 10:00 Activity with Audrea 2:00 Scenic Drive 2:30 Refreshments/Hydration 3:00 Activity with Audrea	²⁴ 9:00 Sing Along (YouTube Playlist) 10:00 Bingo 2:00 Table Top Activities 2:30 Color Me Wonderful
²⁵ 9:30 Church with TCOG 10:00 Refreshments/Hydration 1:30 Courtyard Stroll 2:00 Bingo 3:00 Afternoon Movie	²⁶ Memorial Day 10:00 Chair Exercises with Carla 10:30 Refreshments/Hydration 2:00 Nail Salon with Carla 3:30 Courtyard Stroll	²⁷ 10:00 Bingo 2:00 Chair Exercises for Seniors (You Tube) 2:00 Refreshments 2:30 Color Me Wonderful 3:00 Front Porch Gathering	²⁸ 9:30 Paper Confetti Cherry Blossom Tree Craft 10:00 Praise & Workout with Christina Boyd 2:00 Bingo 2:30 Refreshments/Hydration 3:00 Courtyard Stroll	²⁹ 10:00 Dice-rcise 10:30 “Kick Ball” 2:30 Refreshments/Hydration 3:00 Spring Time Coloring 3:30 Bible Study with Brother Allen	³⁰ 9:00 Devotion and Gospel Singing 10:00 Activity with Audrea 2:00 Scenic Drive 2:30 Refreshments/Hydration 3:00 Activity with Audrea	³¹ 9:00 Sing Along (YouTube Playlist) 9:30 Activity with Audrea 10:00 Bingo 2:00 Table Top Activities 2:30 Color Me Wonderful 3:00 Activity with Audrea

Fiesta on the Fifth



Cinco de Mayo is a holiday celebrated on May 5th that commemorates the Mexican army's victory over French forces at the Battle of Puebla in 1862. It is not Mexico's Independence Day, as many mistakenly believe, but rather a symbol of Mexican resistance and pride. While it's a relatively minor holiday in Mexico, it has become a popular celebration of Mexican culture and heritage in the United States. Festivities often

include parades, music, folkloric dancing, and traditional foods like tacos and guacamole. Cinco de Mayo is a joyful occasion that highlights the rich traditions and resilience of the Mexican people.

Timeless at 84: Wilfred's Big Day



Happy 84th Birthday to Wilfred Sewer, born on May 10, 1941! As we celebrate his special day, we also celebrate a life filled with wisdom, stories, and strength. In 1941, America was dancing to big band music and watching movies like *Citizen Kane*—a time of resilience and change, just like Wilfred. His warmth and humor have touched the hearts of many over the years. Here's to Wilfred—may this year bring him as much joy as he has given to others!

Nature's Devoted Mothers



Nature's nurturing mothers can be found across the animal kingdom, showing remarkable care and devotion to their young. From mama bears fiercely protecting their cubs to elephant mothers guiding their babies with gentle trunks, these maternal instincts help ensure survival. Birds like the emperor penguin take turns keeping their chicks warm in harsh climates,

while kangaroo mothers carry their joeys safely in pouches. Even in the plant world, seeds are cradled in pods and fruit until they're ready to grow. Nature's mothers remind us that love, protection, and patience are universal forces that help life flourish.

All Gave Some, Some Gave All



Memorial Day is a national holiday in the United States, observed on the last Monday of May. It honors and remembers the men and women of the military who died while serving their country. Many people visit cemeteries and memorials to pay their respects, often placing flags or flowers on graves. Communities also hold parades, patriotic ceremonies, and family gatherings. Memorial Day marks the unofficial start of

summer and serves as a time for reflection, gratitude, and remembrance.

As we welcome the month of May, we're surrounded by the full bloom of spring and the first hints of summer's warmth. It's a time of transition—a season of growth winding down, and one of sunshine and celebration on the horizon.

May gives us many reasons to reflect and rejoice. We honor mothers on Mother's Day, giving thanks for their strength, love, and lasting impact. We also recognize **National Nurses Week** (May 5–9), a special time to celebrate our incredible nursing team. Their compassion and dedication are the heartbeat of our community, and we're deeply grateful for all they do. Later in the month, we observe Memorial Day, pausing to remember and honor those who gave their lives in service to our country. It's a solemn moment that unites us in appreciation and respect.

Here at Knollwood Pointe, we'll enjoy time outdoors, fun activities, and the joy of simply being together. Whether it's planting flowers, sharing stories, or enjoying the sunshine, May is a month full of connection and community.

As we turn the page from spring to summer, let's carry forward gratitude, hope, and the spirit of togetherness.



Kendrick Wells
Executive Director