Associate Spotlight

HERE COMES RAVEN COTTONTAIL ...



We would like to thank our Assisted Living caregiver, Raven Baldwin, for volunteering to be our Easter Bunny this year. Raven spread Easter joy and treats throughout the Knollwood Pointe Community and hosted a photo-op with our Memory Care residents.

THE WEATHER IS TOO WARM FOR A FUR COAT!



Resident Care Coordinator, Charnelle Nichols, stopped to take a photo opportunity with Raven Cottontail after having to fan the Easter Bunny down.

JUNE 2023



Props to Pops

Happy Father's Day to the fathers and grandfathers in our community! We hope you enjoy your special day.



Summertime Sips

This summer, relax and unwind by enjoying an Arnold Palmer, the refreshing beverage created and loved by its legendary namesake. He got the idea one day at lunch to add lemonade to his wife's batch of iced tea, and he experimented until he found the perfect ratio: 2 parts iced tea to 1 part lemonade. Palmer began carrying a thermos of the concoction on courses and ordering the mixed beverage in restaurants, and the drink was eventually named after him.





MEMORY CARE

JUNE 2023

MEET THE TEAM

EXECUTIVE DIRECTOR
Kim Thielker

ALF & SCALF DIRECTOR
Tretta Huff, RN

ADMISSIONS & SALES
DIRECTOR
Jennifer Medeiros

DINING SERVICES
DIRECTOR/CHEF
David Twachtman
RESIDENT CARE

COORDINATORS
Valerie Bell, LPN

Charnelle Nichols, LPN
MAINTENANCE DIRECTOR

David Mahan

ACTIVITY DIRECTORS

Jess Kimbler, MC Stormy Moring, AL

Self-Care Corner: Chill Out

Using a skin care sheet mask is a popular way to relax and pamper yourself. During warm months, store a few masks in the fridge so you can pop one on your face at the end of a hot day. The chilled moisturizing mask will soothe flushed skin and quickly cool down your whole body.

"The lemon is the symbol of tart refreshment; its color and fragrance lift our spirits before we even taste it."

—Lori Longbotham

Sunday Monday Tuesday Wednesday Thursday Friday Saturday 9:00 COURTYARD STROLL 9:00 DEVOTIONAL 8:30 MORNING NEWS 9:30 MUSIC THERAPY 9:30 MUSIC THERAPY 9:00 COURTYARD STROLL 10:00 JAZZERCISE 10:00 BINGO 10:00 BINGO 12:30 TABLE HOCKEY 12:30 KICKBALL 12:30 MUSIC THERAPY 2:00 "I SCREAM, YOU SCREAM, WE 1:00 ARTS & CRAFTS 1:30 SNACK & STROLL ALL SCREAM FOR ICE CREAM" 2:30 TRIVIA 2:00 KICKBALL SOCIAL SPONSORED BY 3:30 BROTHER ALLEN 3:00 COURTYARD CHAT SOUTHERN CARE 4:00 MOVIE MATINEE WITH 4:00 PIANO MUSIC BY WILFRED 3:30 KINGS IN CORNER POPCORN & DRINKS 4:00 COLOR ME WONDERFUL **SEWER** 6:00 RESIDENT CHOICE 6:00 MOVIE MATINEE 6:00 MOVIE MATINEE 10 8:30 MORNING NEWS 9:00 DEVOTIONAL 9:00 COURTYARD STROLL 9:00 BIBLE STUDY WITH TAWANNA 9:00 COURTYARD STROLL 8:30 MORNING NEWS 9:00 DEVOTIONAL 10:00 JAZZERCISE 9:30 MUSIC THERAPY 9:00 COURTYARD STROLL 9:30 MUSIC THERAPY 9:00 COURTYARD STROLL 9:30 MUSIC THERAPY 9:30 MUSIC THERAPY 10:30 GROUP DISCUSSION 10:00 JAZZERCISE 10:00 CHURCH WITH TAWANNA 10:00 BINGO 10:00 BINGO 10:00 JAZZERCISE 10:00 BINGO 11:00 MUSIC THERAPY 12:30 MUSIC THERAPY 12:30 TABLE HOCKEY 12:30 KICKBALL 12:30 MUSIC THERAPY 12:30 TABLE HOCKEY 12:30 KICKBALL 12:30 TABLE HOCKEY 1:30 SNACK & STROLL 1:00 ARTS & CRAFTS 1:30 SNACK & STROLL 1:30 MANICURES 2:00 "YOU'RE A 'CHIP' OFF 1:00 ARTS & CRAFTS 1:00 BUS OUTING 2:00 KICKBALL 2:00 KICKBALL 2:30 TRIVIA 2:30 TRIVIA THE OLD BLOCK" SOCIAL 2:30 TRIVIA 2:00 BINGO 3:00 COURTYARD CHAT 3:00 COURTYARD CHAT 3:30 BROTHER ALLEN 3:00 COURTYARD CHAT 3:30 KINGS IN CORNER 3:00 DOMINOES 3:00 MOVIE MATINEE WITH 4:00 PIANO MUSIC BY WILFRED 4:00 MOVIE MATINEE WITH 4:00 PIANO MUSIC BY WILFRED 3:30 CHECKERS 3:30 KINGS IN CORNER 4:00 COLOR ME WONDERFUL 4:00 COLOR ME WONDERFUL **SEWER** POPCORN & DRINKS POPCORN & DRINKS **SEWER** 4:00 MOVIE MATINEE 6:00 MOVIE MATINEE 6:00 MOVIE MATINEE 6:00 MOVIE MATINEE 6:00 RESIDENT CHOICE 6:00 MOVIE MATINEE 6:00 RESIDENT CHOICE 12 17 11 15 16 14 8:30 MORNING NEWS 9:00 DEVOTIONAL 9:00 BIBLE STUDY WITH TAWANNA 9:00 COURTYARD STROLL 9:00 DEVOTIONAL 8:30 MORNING NEWS 9:00 COURTYARD STROLL 10:00 JAZZERCISE 9:30 MUSIC THERAPY 9:00 COURTYARD STROLL 9:30 MUSIC THERAPY 9:30 MUSIC THERAPY 9:00 COURTYARD STROLL 9:30 MUSIC THERAPY 10:30 GROUP DISCUSSION 10:00 JAZZERCISE 10:00 CHURCH WITH TAWANNA 10:00 JAZZERCISE 10:00 BINGO 10:00 BINGO 10:00 BINGO 11:00 MUSIC THERAPY 12:30 TABLE HOCKEY 12:30 TABLE HOCKEY 12:30 KICKBALL 12:30 MUSIC THERAPY 12:30 MUSIC THERAPY 12:30 KICKBALL 12:30 TABLE HOCKEY 2:00 "IF DAD CAN'T FIX IT, NO ONE 1:30 SNACK & STROLL 1:30 SNACK & STROLL 1:30 MANICURES 1:00 ARTS & CRAFTS 1:00 ARTS & CRAFTS 1:00 BUS OUTING CAN" SOCIAL SPONSORED B' 2:00 KICKBALL 2:30 TRIVIA 2:30 TRIVIA 2:00 KICKBALL 2:00 BINGO SPRINGHILL HOME HEALTH 2:30 TRIVIA 3:00 COURTYARD CHAT 3:00 COURTYARD CHAT 3:30 BROTHER ALLEN 3:00 COURTYARD CHAT 3:00 DOMINOES 3:30 KINGS IN CORNER 3:00 MOVIE MATINEE WITH 4:00 PIANO MUSIC BY WILFRED 3:30 CHECKERS 4:00 MOVIE MATINEE WITH 4:00 PIANO MUSIC BY WILFRED 4:00 COLOR ME WONDERFUL 3:30 KINGS IN CORNER SEWER 4:00 COLOR ME WONDERFUL POPCORN & DRINKS POPCORN & DRINKS **SEWER** 4:00 MOVIE MATINEE 6:00 MOVIE MATINEE 6:00 MOVIE MATINEE 6:00 MOVIE MATINEE 6:00 RESIDENT CHOICE 6:00 MOVIE MATINEE 6:00 RESIDENT CHOICE 18 Juneteenth 19 20 21 23 24 9:00 DEVOTIONAL 9:00 BIBLE STUDY WITH TAWANNA 8:30 MORNING NEWS 9:00 COURTYARD STROLL 9:00 COURTYARD STROLL 9:00 DEVOTIONAL 8:30 MORNING NEWS 10:00 JAZZERCISE 9:30 MUSIC THERAPY 9:30 MUSIC THERAPY 9:30 MUSIC THERAPY 9:00 COURTYARD STROLL 9:00 COURTYARD STROLL 9:30 MUSIC THERAPY 10:00 JAZZERCISE 10:30 GROUP DISCUSSION 10:00 CHURCH WITH TAWANNA 10:00 JAZZERCISE 10:00 BINGO 10:00 BINGO 10:00 BINGO 12:30 TABLE HOCKEY 11:00 MUSIC THERAPY 12:30 TABLE HOCKEY 12:30 KICKBALL 12:30 MUSIC THERAPY 12:30 MUSIC THERAPY 12:30 KICKBALL 2:00 "TEASE US WITH BRAIN 12:30 TABLE HOCKEY 1:30 SNACK & STROLL 1:30 MANICURES 1:00 ARTS & CRAFTS 1:30 SNACK & STROLL FREEZES" SNOWCONE SOCIAL 1:00 ARTS & CRAFTS 1:00 BUS OUTING 2:00 KICKBALL 2:30 TRIVIA 2:30 TRIVIA 2:00 KICKBALL SPONSORED BY GENTIVA 2:00 BINGO 2:30 TRIVIA 3:00 COURTYARD CHAT 3:00 COURTYARD CHAT 3:30 BROTHER ALLEN 3:00 COURTYARD CHAT **HOSPICE** 3:00 DOMINOES 3:00 MOVIE MATINEE WITH 4:00 PIANO MUSIC BY WILFRED 3:30 CHECKERS 4:00 MOVIE MATINEE WITH 4:00 PIANO MUSIC BY WILFRED 3:30 KINGS IN CORNER 3:30 KINGS IN CORNER **SEWER** 4:00 COLOR ME WONDERFUL POPCORN & DRINKS POPCORN & DRINKS SEWER 4:00 COLOR ME WONDERFUL 4:00 MOVIE MATINEE 6:00 MOVIE MATINEE 6:00 MOVIE MATINEE 6:00 RESIDENT CHOICE 6:00 MOVIE MATINEE 6:00 MOVIE MATINEE 6:00 RESIDENT CHOICE 25 26 27 28 30 9:00 BIBLE STUDY WITH TAWANNA 9:00 COURTYARD STROLL 9:00 DEVOTIONAL 8:30 MORNING NEWS 9:00 DEVOTIONAL 9:00 COURTYARD STROLL 9:00 COURTYARD STROLL 9:30 MUSIC THERAPY 10:00 JAZZERCISE 9:00 COURTYARD STROLL 9:30 MUSIC THERAPY 9:30 MUSIC THERAPY 9:30 MUSIC THERAPY 10:00 JAZZERCISE 10:30 GROUP DISCUSSION 10:00 CHURCH WITH TAWANNA 10:00 JAZZERCISE 10:00 BINGO

8:30 MORNING NEWS
9:00 COURTYARD STROLL
10:00 CHURCH WITH TAWANNA
12:30 MUSIC THERAPY
1:30 SNACK & STROLL
2:00 KICKBALL
3:00 COURTYARD CHAT
4:00 PIANO MUSIC BY WILFRED
SEWER
6:00 MOVIE MATINEE

6:00 MOVIE MATINEE

9:00 DEVOTIONAL
9:30 MUSIC THERAPY
10:00 JAZZERCISE
12:30 TABLE HOCKEY
1:30 MANICURES
2:30 TRIVIA
3:00 COURTYARD CHAT
3:30 CHECKERS
4:00 COLOR ME WONDERFUL
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9:30 MUSIC THERAPY
10:00 BINGO
12:30 KICKBALL
1:00 ARTS & CRAFTS
2:30 TRIVIA
3:00 MOVIE MATINEE WITH
POPCORN & DRINKS
6:00 RESIDENT CHOICE

9:00 BIBLE STUDY WITH TAWANN.
10:00 JAZZERCISE
10:30 GROUP DISCUSSION
11:00 MUSIC THERAPY
12:30 TABLE HOCKEY
1:00 BUS OUTING
2:00 BINGO
3:00 DOMINOES
3:30 KINGS IN CORNER
4:00 MOVIE MATINEE

9:00 COURTYARD STROLL
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9:30 MUSIC THERAPY
10:00 BINGO
12:30 KICKBALL
1:00 ARTS & CRAFTS
2:30 TRIVIA
3:30 BROTHER ALLEN
4:00 MOVIE MATINEE WITH
POPCORN & DRINKS
6:00 RESIDENT CHOICE

9:00 DEVOTIONAL
9:30 MUSIC THERAPY
10:00 JAZZERCISE
12:30 TABLE HOCKEY
2:00 "SOAKING UP THE SUN" WATER
GUN FUN BIRTHDAY BASH
SPONSORED BY SAGE HEALTH
3:30 KINGS IN CORNER
4:00 COLOR ME WONDERFUL
6:00 MOVIE MATINEE

6:00 MOVIE MATINEE

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RED HAT LADIES' MOTHER'S DAY TEA PARTY



Activity Director, Jess Kimbler, sponsored our Mother's Day Tea Party. All ladies from the ALF & SCALF community were invited to celebrate Mother's Day. Jess provided each special lady with a gift bag as well as a beautiful corsage from Le Roy's Florist in Tillman's Corner! The smiles say it all!

Act Dir. Jess Kimbler posing with her work BFF, Ms. Ovilla

Random Act of Kindness

Consider paying the bill for someone else at a restaurant. Whether it's a couple celebrating an anniversary, a mom or dad enjoying a meal out with a child, or just someone who inspires you in some way, everyone's moods will get a lift if you tell their server to put the meal on your tab.



Residents enjoying themselves at their Red Hat Ladies' Mother's Day Tea Party!



ENTERING & EXITING THE COMMUNITY

- Please be aware that our policy regarding entering our community has been updated. Moving forward, all visitors and guests must enter and exit the community through the front door only and sign in at the front desk.
- The side entrance will only be used when loading and unloading residents and for employee entrance/exit.
- Staff are prohibited from giving out the door codes to the side entrance as well as the Memory Care entrance. Please do not ask staff for these codes. Our number one goal is to keep our community as secure as possible.
- For the safety of all our residents, staff members and visitors, please remember to sign out when leaving the community and alert the nurse on duty when taking a resident out of the community as well as signing the resident back in upon return to the community.
 Thank you all for trusting us

with the lives of your loved ones. We are working diligently to ensure that every resident is living in a safe, secure environment. Together, we can achieve this goal!







