

THE Knollwood Pointe Lifestyle



KNOLLWOOD
POINTE
SENIOR LIVING AT EASE

Like Us!  

MEMORY CARE COMMUNITY

5601 Girby Road • Mobile, AL 36693 • (251) 666-1005 • www.knollwoodpointe.com

Margaret's Story



Margaret Mortellanro was born on September 12, 1937, in Ensley, AL to Dorothy and Mike Ortosky. She was delivered by a nun, a symbol of how much faith in God would be a part of her life. She grew up mainly in Mobile County, and has lived here lifelong. Margaret graduated from Bishop Toolen High School in 1956. She met her husband of 57 years, Joe

Mortellanro, through a relative who lived next door to him, in Baton Rouge, LA. They were married on December 26, 1958, at Little Flower Catholic Church and had Krispy Kreme doughnuts at the reception.

Margaret worked at Brookley Field before beginning her career as a loving mother, in 1960. She continued this career actively for 6 children for 34 years, until her youngest graduated high school. Margaret was heavily involved with her children, transporting them to school, serving as room mother, going on countless field trips, and taking her children to football, basketball and cross-country practices, and was at every game and meet. She was able to do this while also managing the household, supporting her husband, and giving the children the best birthdays and holidays. She also took them to numerous store grand openings. Most importantly, she and Joe took the children to church each Sunday, she led the family in prayer at home, and she modeled a spiritual life.

Margaret's faith was constant in her life, and continues today. She and Joe helped to start a new Catholic parish in Mobile, St. Vincent DePaul: she worked there in about all areas of the church through the years.



Resident Spotlight



JUNE 2025

Welcome, Summer!

Different cultures have celebrated the longest day of the year, known as the summer solstice or midsummer, for centuries. Imagine soaking up the sun at some of the world's most buzzed about summer parties:

Sweden. Midsummer is a major holiday in Sweden, whose solstice celebrations are famous. Families and friends often spend the day in the countryside, marking the occasion by dancing around a maypole, making flower crowns and feasting on pickled herring.

Wiltshire, England. Visitors to Stonehenge can normally only walk around the towering stone circle, but they are allowed inside of it twice a year—on the summer and winter solstices. That's because on each solstice, the ancient stones are positioned perfectly with the movement of the sun. On the first day of summer, the view from inside shows a spectacular sunrise over the large Heel Stone, which stands outside the circle.

Ottawa, Canada. Canada's capital is also the original territory of the Algonquin people, and the Summer Solstice Indigenous Festival honors Native chiefs and artisans; traditional attire, music and dancing; and other cultural experiences.





JUNE 2025

Remember
When:
Hand-Cranked
Ice Cream

Modern machines do all the work for you, but once upon a time, homemade ice cream meant turning a crank by hand for as long as an hour until the cool treat was ready to eat. Based on an 1843 invention by Nancy Johnson, early ice cream makers consisted of a wooden bucket with an inner metal canister. Inside the canister was a paddle, attached to an outer crank handle; the ice cream mixture went into the canister, and remaining space in the wooden bucket was filled with layers of ice and salt. Then it was time to crank! Since the ice slowly melted during the churning process, this was usually done on the front porch, as kids and adults alike took turns cranking. For many, the eager anticipation of the finished dessert made the ice cream even sweeter.

"The most wasted of days is one without laughter."
—E.E. Cummings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cancer Survivor Day 1 9:00 Gospel Music Program (YouTube) 9:30 Church with TCOG 10:00 Courtyard Stroll 10:30 Table Top Activities - Resident Choice 2:00 Bingo 3:00 Afternoon Movie	2 3:00 Watercolor Painting 9:00 Devotion with Carla 9:30 Chair Exercises 11:00 Trivia 2:00 Nail Salon 3:00 Devotion/Bible Reading with Emily Zirlott	3 9:00 Devotion with Carla 10:00 Bingo 10:30 Refreshments 2:00 Gentle Chair Exercises for Seniors (YouTube) 3:30 Color Me Wonderful	4 9:00 Devotion with Carla 10:30 Exercises with Christina Boyd 1:30 Making Thank You Cards for CNAs 3:00 Movie Time with Topsy-Turvy Twisters	5 9:00 Devotion with Carla 9:30 Exercise with Andrea 10:00 Butter Slime Sensory Activity 3:30 Bible Study with Brother Allen	6 NATIONAL DONUT DAY 9:00 Devotion with Carla 10:00 Donut Refreshments for DONUT DAY 10:30 Praise and Worship (YouTube) 1:30 Park Refreshment Outing 2:30 Movie Matinee 4:00 Activity with Andrea	7 9:00 KP Sing Along (YouTube) 10:30 Chair Exercises 2:00 Table Top Activities - Resident Choice 2:30 Color Me Wonderful 3:30 Afternoon Movie
8 9:00 Gospel Music Program (YouTube) 9:30 Church with TCOG 10:00 Courtyard Stroll 10:30 Table Top Activities - Resident Choice 2:00 Bingo 3:00 Afternoon Movie	9 9:00 Devotion with Carla 9:30 Chair Exercises 2:00 Nail Salon 3:00 Devotion/Bible Reading with Emily Zirlott	10 9:00 Devotion with Carla 10:00 Watermelon FESTIVAL - HERE 10:30 Refreshments 2:00 Gentle Chair Exercises for Seniors (YouTube) 3:30 Color Me Wonderful	11 9:00 Devotion with Carla 10:30 Exercises with Christina Boyd 1:30 Looking for Flowers and Plants in Magazines - discuss 3:00 Movie Time with Topsy-Turvy Twisters	12 NATIONAL PEANUT BUTTER COOKIE DAY 9:00 Devotion with Carla 9:30 Exercise with Andrea 10:00 “Who invented the Peanut Butter” Discuss. Have PB cookies. 3:30 Bible Study with Brother Allen	13 9:00 Devotion with Carla 10:30 Praise and Worship (YouTube) 1:30 Steak and Shake Outing for our FATHERS 2:30 Movie Matinee 4:00 Activity with Andrea	14 9:00 KP Sing Along (YouTube) 9:30 Bingo with Andrea 10:30 Chair Exercises 2:00 Table Top Activities - Resident Choice 2:30 Color Me Wonderful 3:30 Afternoon Movie
15 FATHER’S DAY 9:00 Gospel Music Program (YouTube) 9:30 Church with TCOG 10:00 Courtyard Stroll 10:30 Table Top Activities - Resident Choice 2:00 Bingo 3:00 Afternoon Movie	16 9:00 Devotion with Carla 9:30 Chair Exercises 2:00 Nail Salon 3:00 Devotion/Bible Reading with Emily Zirlott	17 National CNA Day 9:00 Devotion with Carla 10:00 Bingo 10:30 Refreshments 2:00 Gentle Chair Exercises for Seniors (YouTube) 3:30 Color Me Wonderful	18 9:00 Devotion with Carla 10:30 Exercises with Christina Boyd 1:00 Summer Tree Craft 3:00 Worship with Joyce Robertson	19 Juneteenth 9:00 Devotion with Carla 9:30 Exercise with Andrea 10:00 Discuss Juneteenth and its meaning 3:30 Bible Study with Brother Allen 4:00 Trivia Time	20 9:00 Devotion with Carla 10:30 Praise and Worship (YouTube) 1:30 Scenic Drive Outing 2:30 Movie Matinee 4:00 Activity with Andrea	21 9:00 KP Sing Along (YouTube) 10:30 Chair Exercises 2:00 Table Top Activities - Resident Choice 2:30 Color Me Wonderful 3:30 Afternoon Movie
22 9:00 Gospel Music Program (YouTube) 9:30 Church with TCOG 10:00 Courtyard Stroll 10:30 Table Top Activities - Resident Choice 2:00 Bingo 3:00 Afternoon Movie	23 NATIONAL PINK DAY 9:00 Devotion with Carla 9:30 Chair Exercises 10:00 PINK Painting 2:00 Nail Salon 3:00 Devotion/Bible Reading with Emily Zirlott	24 9:00 Devotion with Carla 10:00 Bingo 10:30 Refreshments 2:00 Gentle Chair Exercises for Seniors (YouTube) 3:30 Color Me Wonderful	25 9:00 Devotion with Carla 10:30 Exercises with Christina Boyd 1:30 Painting Bird Houses 3:00 Movie Time with Topsy-Turvy Twisters	26 NATIONAL BOMB POP DAY 9:00 Devotion with Carla 9:30 Exercise with Andrea 2:00 Refreshments BOMB POPS 3:30 Bible Study with Brother Allen	27 9:00 Devotion with Carla 10:30 Praise and Worship (YouTube) 1:30 Scenic Drive Outing 2:30 Movie Matinee 4:00 Activity with Andrea	28 9:00 KP Sing Along (YouTube) 9:30 Bingo with Andrea 10:30 Chair Exercises 2:00 Table Top Activities - Resident Choice 2:30 Color Me Wonderful 3:30 Afternoon Movie
29 9:00 Gospel Music Program (YouTube) 9:30 Church with TCOG 10:00 Courtyard Stroll 10:30 Table Top Activities - Resident Choice 2:00 Bingo 3:00 Afternoon Movie	30 9:00 Devotion with Carla 9:30 Chair Exercises 10:00 Butterfly Tissue Art 2:00 Nail Salon 3:00 Devotion/Bible Reading with Emily Zirlott		Weekday Daily Activities 9:00 Devotion 9:30 Music Program (YouTube) 11:00 Independent Table Activities 1:00 Courtyard Gathering 1:30 Hydration 4:00 Movie Matinee			Thank You CNAs 

CELEBRATING DADS EVERYWHERE

Father's Day, the third Sunday each June, is a holiday that got its start in the U.S. back in the 1900s. Today about 160 countries across the globe have a day set aside to honor dads.

We come together to honor all the amazing dads and father figures who inspire, support, and guide us every day. This year, we're treating our dads to a special outing for some delicious ice cream. A small way to say thank you for being great dads.

Wishing all our dads a fun-filled, relaxing, and memorable Father's Day!



Ms. Reba Patterson

Ms. Tandy Flettie

May you have an amazing day celebrating your special day!

Happy Nursing Assistants Week!

THANK YOU
NURSING
ASSISTANTS

June 12-18

We want to take this special time to recognize and celebrate all our incredible Nursing Assistants. Your dedication, compassion, and tireless hard work do not go unnoticed. You go above and beyond every single day to provide care, comfort, and kindness to those in our community.

Thank you for being the heart of healthcare. We appreciate everything you do!



Hello Summer!



As the sunshine brightens our days and gardens begin to bloom, I want to take this moment to shine a light on the incredible team

that keeps our community thriving—our dedicated nursing assistants and certified nursing assistants.

June brings *National Nursing Assistants Week*, and there's no better time to celebrate the care, compassion, and heart you bring to our residents every single day. Like the summer sun, your warmth touches everyone around you.

To our team—thank you for being the reason our community feels like home. You are valued, appreciated, and truly the heart of what we do.

With gratitude and sunshine,

Kendrick Wells

Executive Director



Dr. Stuart Alter from **Affordable Podiatry** will be visiting our community on **Thursday, July 10, 2025, at 2:00 PM.**

Foot care services are **\$25. Cash or check payments** should be given to **Jess Kimbler**, our Admin Assistant in the front office.

If you prepay directly to Dr. Alter's office, please inform Jess to ensure you're on the list. Affordable Podiatry is located at **5901 Airport Blvd, Suite 102, Mobile, AL 36608.** For questions or to prepay, call their office at **251-654-4444.**