

THE Knollwood Pointe Lifestyle



KNOLLWOOD
POINTE
SENIOR LIVING AT EASE

Like Us!  

MEMORY CARE COMMUNITY

5601 Girby Road • Mobile, AL 36693 • (251) 666-1005 • www.knollwoodpointe.com

SEPTEMBER 2025

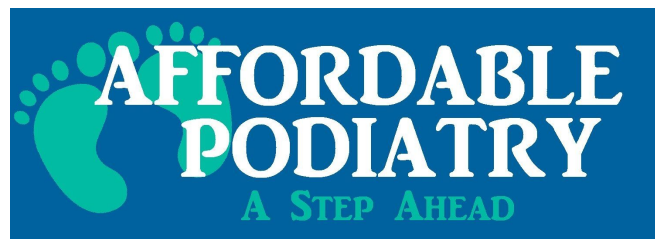
Healthy Feet, Happy Fall!

Mark your calendars! Our next Podiatry Clinic will be held on Thursday, October 9, 2025, at 2:00 PM, in the Knollwood Pointe Beauty Salon.

We're pleased to welcome back Dr. Stuart Alter from Affordable Podiatry for this visit. This is a great opportunity to receive professional foot care right here in the comfort of our community.

- **Sign-Up & Payment Details:** Residents who wish to participate must sign up and pay at the front desk with Admin Assistant Jess Kimbler no later than Thursday, October 2, 2025. Cost: \$25.00 per resident Payment options: Cash or check (no fee) Debit card (prepaid or paid on the day of the clinic) – \$3.00 convenience fee applies To make a debit card prepayment, call: 251-654-4444
- **Important:** All prepayments must be confirmed with the front office. Please call the community at 251-666-1005 or email Jess Kimbler at jkimbler@tarantinoseniorliving.com to ensure your payment has been received and your spot is secured.
- **Reminders for the Appointment:** Please wear easy-to-remove footwear, and if possible, avoid wearing socks to help speed up the process.

Take advantage of this convenient in-house service to keep your feet in top shape as we head into the cooler months. Spots fill up quickly, so don't wait to sign up!



A SPECIAL DAY AT KNOLLWOOD POINTE

We had a wonderful day celebrating with our residents during our festive luau party! It was a heartwarming day filled with laughter, dancing, and joyful moments shared with family and friends. Our guest joined us for an unforgettable evening featuring a delicious luau inspired menu, great company, and lots of smiles. From tropical treats to island tunes, it truly felt like a little slice of paradise right here at Knollwood Pointe.

Thank you to everyone who made this day so special. We can't wait to it again.

REEL IN THE FUN



We love bringing joy to our residents through fun and interactive games - and our recent fishing game was a big hit! Residents had a blast casting their lines, reeling in surprises, and winning fun prizes. But the best part? The laughter, smiles, and shared moments that make our community feel like home.

SEPTEMBER
2025




Laugh Lines:
Silly Squirrels

These squirrely jokes will drive you nuts!
Q: Why are squirrels so good at explaining things?
A: Because they give it to you in a nutshell.
Q: What is a squirrel’s favorite flower?
A: Forget-me-nut.
Q: What do you call a squirrel who solves mysteries?
A: Squirrel-ock Holmes.
Q: Why did the squirrel bury lottery tickets under a shrub?
A: He was hedging his bets.
Q: What did the squirrel order on top of her latte?
A: Extra nutmeg.
Did you hear about the squirrel who worked at a bank? He was the branch manager.
Beware of talking to the squirrel. He will probably tell you acorn-y joke.
Look at that squirrel—he can’t decide whether to jump to the ground or to the tree. He’s on the fence.

‘Trains’ Is One

How many words can you spell from “centenarians”?

“Some people look for a beautiful place. Others make a place beautiful.”
—Hazrat Inayat Khan

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Weekday Daily Activities 9:00 Devotion 9:30 Music Program (YouTube) 10:30 Independent Table Activities 1:00 Courtyard Stroll 1:30 Hydration 3:30 Movie Matinee	Labor Day 1 9:00 Devotion with Carla 9:30 Nails with Carla 10:00 Praise & Workout with Christina Boyd 1:30 Ball Toss in Bucket 2:30 Coloring Relaxing Time	2 9:00 Devotion with Carla 9:30 Exercise 10:00 Gospel Music Program (YouTube) 11:00 Piano Playing and Singing with Ms Shirley 2:00 Hydration and Snack 3:00 Mass with St Dominic Thomas	3 9:00 Devotion with Carla 9:30 Exercise 9:45 Craft / Paint 1:30 Trivia Time 2:00 Color Me Wonderful 3:00 Movie Time	4 9:00 Devotion with Carla 9:30 Exercise 10:00 Praise and Worship (YouTube) 10:15 “What cup....” Game 2:00 Activity with Audrea 3:30 Bible Study with Brother Allen	5 9:00 Devotion with Carla 9:30 Exercise with Carla 10:00 Praise and Worship (YouTube) 10:30 Snack and Hydration 2:00 Activity with Audrea 3:30 Movie Matinee	6 9:00 KP Sing Along (YouTube) 10:30 Bingo 2:00 Table Top Activities - Resident Choice 3:30 Afternoon Movie
7 9:30 Church with TCOG 10:00 Refreshments / Hydration 2:00 Bingo 3:00 Courtyard Stroll 3:30 TV Time	8 9:00 Devotion with Carla 9:30 Nails with Carla 10:00 Praise & Workout with Christina Boyd 1:30 Ball Toss in Bucket 2:30 Coloring Relaxing Time	9 9:00 Devotion with Carla 9:30 Exercise 10:00 Gospel Music Program (YouTube) 11:00 Piano Playing and Singing with Ms Shirley 2:00 Hydration and Snack 3:00 Outdoor Stroll	10 9:00 Devotion with Carla 9:30 Exercise 9:45 Craft / Paint 1:30 Hang Man 2:00 Color Me Wonderful 3:00 Movie Time	11 9:00 Devotion with Carla 9:30 Exercise 10:00 Praise and Worship (YouTube) 2:00 Activity with Audrea 3:30 Bible Study with Brother Allen	12 9:00 Devotion with Carla 9:30 Exercise with Carla 10:00 Praise and Worship (YouTube) 10:30 Snack and Hydration 2:00 Activity with Audrea 3:30 Movie Matinee	13 9:00 KP Sing Along (YouTube) 9:30 Exercise 10:00 Activity with Audrea 10:30 Bingo 2:00 Table Top Activities - Resident Choice 3:30 Afternoon Movie
14 9:30 Church with TCOG 10:00 Refreshments / Hydration 10:30 Activity with Audrea 2:00 Bingo 3:00 Courtyard Stroll 3:30 TV Time	15 9:00 Devotion with Carla 9:30 Nails with Carla 10:00 Praise & Workout with Christina Boyd 1:30 Ball Toss in Bucket 2:30 Coloring Relaxing Time	16 WORLD PLAY DOUGH DAY 9:00 Devotion with Carla 9:30 Exercise 10:00 Gospel Music Program (YouTube) 11:00 Piano Playing and Singing with Ms Shirley 1:00 Making Playdough 2:00 Hydration and Snack 3:00 Outdoor Stroll	17 9:00 Devotion with Carla 9:30 Exercise 9:45 Craft / Paint 1:30 “What did you do as a hobby?” 2:00 Color Me Wonderful 3:00 Worship with Joyce Robertson	18 Family Night 9:00 Devotion with Carla 9:30 Exercise 10:00 Praise and Worship (YouTube) 2:00 Activity with Audrea 3:30 Bible Study with Brother Allen 4:30 “Family Night” Family is Forever” Photoshoot	19 9:00 Devotion with Carla 9:30 Exercise with Carla 10:00 Praise and Worship (YouTube) 10:30 Snack and Hydration 2:00 Activity with Audrea 3:30 Movie Matinee	20 9:00 KP Sing Along (YouTube) 10:30 Bingo 2:00 Table Top Activities - Resident Choice 3:30 Afternoon Movie
21 9:30 Church with TCOG 10:00 Refreshments / Hydration 2:00 Bingo 3:00 Courtyard Stroll 3:30 TV Time	22 9:00 Devotion with Carla 9:30 Nails with Carla 10:00 Praise & Workout with Christina Boyd 1:30 Ball Toss in Bucket 2:30 Coloring Relaxing Time 3:00 Courtyard Stroll	23 9:00 Devotion with Carla 9:30 Exercise 10:00 Gospel Music Program (YouTube) 11:00 Piano Playing and Singing with Ms Shirley 2:00 Hydration and Snack 3:00 Outdoor Stroll	24 9:00 Devotion with Carla 9:30 Exercise 9:45 Craft / Paint 1:30 Ball Toss in Bucket 2:00 Color Me Wonderful 3:00 Movie Time	25 9:00 Devotion with Carla 9:30 Exercise 10:00 Praise and Worship (YouTube) 2:00 Activity with Audrea 3:30 Bible Study with Brother Allen	26 9:00 Devotion with Carla 9:30 Exercise with Carla 10:00 Praise and Worship (YouTube) 10:30 Snack and Hydration 2:00 Activity with Audrea 3:30 Movie Matinee	27 9:00 KP Sing Along (YouTube) 10:00 Activity with Audrea 10:30 Bingo 2:00 Table Top Activities - Resident Choice 3:30 Afternoon Movie
28 9:30 Church with TCOG 10:00 Refreshments / Hydration 10:30 Activity with Audrea 2:00 Bingo 3:00 Courtyard Stroll 3:30 TV Time	29 National Biscotti Day 9:00 Devotion with Carla 9:30 Nails with Carla 9:45 Biscotti Snacks 10:00 Praise & Workout with Christina Boyd 1:30 Ball Toss in Bucket 2:30 Coloring Relaxing Time	30 9:00 Devotion with Carla 9:30 Exercise 10:00 Gospel Music Program (YouTube) 11:00 Piano Playing and Singing with Ms Shirley 2:00 Hydration and Snack 3:00 Outdoor Stroll				



Family Night Event

Celebrate Your Family's Story in Style

Mark your calendars for an unforgettable evening dedicated to the most important people in your life. Join us on **September 18th, at 4:30 PM**, for our special **"Family is Forever"** event — a glamorous night designed to celebrate family bonds and create lasting memories.

Bring your loved ones and get ready for a delightful photo shoot experience! We'll provide elegant hats and shawls for the ladies to add a touch of glamour to your family portraits. Feel free to dress up your family in their finest attire to make this evening truly sparkle.

While you enjoy capturing these special moments, we'll be serving fresh popcorn and refreshing drinks to keep the good vibes flowing.

Don't miss out on this chance to celebrate what matters most — family. We can't wait to see you there!



HAPPY
GRAND
PARENTS
DAY

As we welcome the crisp days of September, I am reminded of the enduring strength and beauty found in family bonds. This month, we are thrilled to host our **"Family is Forever"** event — an evening dedicated to celebrating the love and connection that unite us. Family comes in many forms, and it is these relationships that provide us with support, joy, and a sense of belonging. Our upcoming photoshoot night is a chance to capture these precious moments, dress up in style, and create memories that will last a lifetime.

I encourage everyone to bring their loved ones, dress with flair, and join us for a glamorous evening filled with laughter, warmth, and togetherness. Let's honor the ties that bind us and celebrate the families that make our community so special. I look forward to seeing you there.



Kendrick Wells, Executive Director