



THE Knollwood Pointe Lifestyle



KNOLLWOOD
POINTE
SENIOR LIVING AT EASE

Like Us!  

MEMORY CARE COMMUNITY

5601 Girby Road • Mobile, AL 36693 • (251) 666-1005 • www.knollwoodpointe.com

NOVEMBER 2024

Our community will be partnering with Helping Hands Ministry for our annual Food Drive. The Food Drive started on October 23rd and will conclude on November 21st at our Friends Giving luncheon. We will only be accepting nonperishable foods. This will be our second year working with Helping Hands Ministry. Last year, our community put a Thanksgiving meal on the tables of 19 families in our local area. Together we can make a difference...one can...one family....at a time. Please RSVP no later than November 15th.



As the crisp autumn air fills our days and the vibrant colors of fall remind us of nature's beauty, we are reminded that Thanksgiving is just around the corner. It's a season that calls us to pause, reflect, and give thanks for the many blessings we share.

Here at Knollwood Pointe, we are so thankful for each and every one of you—our wonderful residents and the families who support them. The sense of community, warmth, and kindness you bring into our halls is what makes this place a true home. As we gather around the table this Thanksgiving, we want to extend our deepest gratitude for being a part of our family.

Our Thanksgiving feast will take place on November 21 at 12 o'clock in the afternoon, and we invite you to share this meal with us. It will be a time of good food, warm company, and cherished memories. We know that gathering around the table brings a sense of togetherness, and we look forward to sharing this precious time with all of you.

Warmest Regards,
Kendrick Wells
Executive Director

NOVEMBER
2024

Thanksgiving
Dinner: A
Tradition of
Gratitude

Thanksgiving dinner dates back to 1621 when the Pilgrims at Plymouth Colony celebrated a successful harvest with the Wampanoag people. The original feast lasted three days and featured venison, wild fowl, fish, and native crops like corn and squash. Over time, turkey became the centerpiece of the meal due to its availability and size. Other dishes like stuffing, cranberry sauce, and pumpkin pie were added, creating the traditional Thanksgiving spread. In 1863, President Lincoln declared Thanksgiving a national holiday. Since then, it has symbolized gratitude, unity, and family gatherings. Today, while regional dishes and family traditions vary, the spirit of Thanksgiving remains the same—celebrating abundance, gratitude, and togetherness. Happy Thanksgiving from **Knollwood Pointe!**

“Many people will walk in and out of your life, but only true friends will leave footprints in your heart.”
—Eleanor Roosevelt

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<ul style="list-style-type: none">Thursdays are “Fun Fall Facts” Spirit DaysWear your favorite Red or Orange Shirt or Accessories	All Saints' Day ¹ 9:00 Devotion 9:30 Hymn Singalong 10:00 Snack Shack 10:30 Dice-rcise 1:00 Bus Outing 2:00 Snack Shack 2:30 Friday Fun Day: Assorted Games 3:30 Color Me Wonderful	Dias De Los Muertos ² 8:30 Morning News & Coffee 9:30 Courtyard Stroll 10:00 Snack Shack 10:30 Bingo 1:00 Courtyard Gathering 2:00 Snack Shack 2:30 Cognitive Stimulation Station Activity Sheets 3:30 Afternoon Movie
³ 8:30 Morning News & Coffee 9:30 Church Service with Theodore Church of God 10:00 Snack Shack 1:00 Courtyard Gathering 2:00 Snack Shack 2:30 Cognitive Stimulation Station Activity Sheets 3:30 Afternoon Movie	National Blood Pressure Day ⁴ 9:00 Upper Body Stretches 9:30 Autumn Jazz Cafe Music 10:00 Snack Shack 10:30 Name 30 Orange Items 2:00 Courtyard Gathering 2:30 Crackling Fireplace: Autumn Sensory Nail Spa 3:00 Color Me Wonderful 3:30 Monday Matinee	Election Day ⁵ 9:00 Lower Body Stretches 9:30 Campfire Singalong 10:00 Snack Shack 10:30 “Pick Your Poison” 2:00 Snack Shack 2:30 Autumn Tree Craft 3:00 Words Within Words 3:30 Election Coverage	National Nacho Day ⁶ 9:00 Devotion 9:30 Hymn Singalong 10:00 Praise & Fitness with Christina Boyd 10:30 Snack Shack & Facts 2:00 Courtyard Gathering 2:30 Bingo 3:00 UNO with Friends 3:30 Independent Activities	National Merlot Day ⁷ 9:00 Devotion 9:30 Hymn Singalong 10:00 Snack Shack 10:30 Fun Fall Facts 2:00 Snack Shack 2:30 Arts & Crafts 3:00 Sit N Stay Fit 3:30 Brother Allen	⁸ 9:00 Devotion 9:30 Hymn Singalong 10:00 Snack Shack 10:30 Dice-rcise 1:00 Bus Outing 2:00 Snack Shack 2:30 Friday Fun Day: Assorted Games 3:30 Color Me Wonderful	⁹ 8:30 Morning News & Coffee 9:30 Courtyard Stroll 10:00 Snack Shack 10:30 Bingo 1:00 Courtyard Gathering 2:00 Snack Shack 2:30 Cognitive Stimulation Station Activity Sheets 3:30 Afternoon Movie
¹⁰ 8:30 Morning News & Coffee 9:30 Church Service with Theodore Church of God 10:00 Snack Shack 1:00 Courtyard Gathering 2:00 Snack Shack 2:30 Cognitive Stimulation Station Activity Sheets 3:30 Afternoon Movie	Veterans Day ¹¹ 9:00 Upper Body Stretches 9:30 Autumn Jazz Cafe Music 10:00 Snack Shack 10:30 Name 30 5-Letter Words 2:00 Courtyard Gathering 2:30 Snack Shack 3:00 Color Me Wonderful 3:30 Monday Matinee	¹² 9:00 Lower Body Stretches 9:30 Campfire Singalong 10:00 Snack Shack 10:30 Ball Toss 2:00 Snack Shack 2:30 Arts & Crafts 3:00 Words Within Words 3:30 The Ed Sullivan Show (Pluto TV)	Caregiver Appreciation Day ¹³ 9:00 Devotion 9:30 Hymn Singalong 10:00 Praise & Fitness with Christina Boyd 10:30 Snack Shack & Facts 2:00 Courtyard Gathering 2:30 Bingo 3:00 UNO with Friends 3:30 Independent Activities	National Pickle Day ¹⁴ 9:00 Devotion 9:30 Hymn Singalong 10:00 Snack Shack 10:30 Fun Fall Facts 2:00 Snack Shack 2:30 Wooden Turkey Painting 3:00 Sit N Stay Fit 3:30 Brother Allen	¹⁵ 9:00 Devotion 9:30 Hymn Singalong 10:00 Burns Middle School Choir 1:00 Kraze Frozen Yogurt Shoppe 2:00 Snack Shack 2:30 Friday Fun Day: Assorted Games 3:30 Color Me Wonderful	¹⁶ 8:30 Morning News & Coffee 9:30 Courtyard Stroll 10:00 Snack Shack 10:30 Bingo 1:00 Courtyard Gathering 2:00 Snack Shack 2:30 Cognitive Stimulation Station Activity Sheets 3:30 Afternoon Movie
¹⁷ 8:30 Morning News & Coffee 9:30 Church Service with Theodore Church of God 10:00 Snack Shack 1:00 Courtyard Gathering 2:00 Snack Shack 2:30 Cognitive Stimulation Station Activity Sheets 3:30 Afternoon Movie	¹⁸ 9:00 Upper Body Stretches 9:30 Autumn Jazz Cafe Music 10:00 Snack Shack 10:30 3 Letters Word Game 2:00 Courtyard Gathering 2:30 Crackling Fireplace: Autumn Sensory Nail Spa 3:00 Color Me Wonderful 3:30 Monday Matinee	National Play Monopoly Day ¹⁹ 9:00 Lower Body Stretches 9:30 Campfire Singalong 10:00 Snack Shack 10:30 Monopoly 2:00 Snack Shack 2:30 Arts & Crafts 3:00 Words Within Words 3:30 Diners, Drive-Ins, & Dives (Max)	²⁰ 9:00 Devotion 9:30 Hymn Singalong 10:00 Praise & Fitness with Christina Boyd 10:30 Snack Shack & Facts 2:00 Courtyard Gathering 2:30 Bingo 3:00 Worship with Joyce 3:30 Independent Activities	²¹ 9:00 Devotion 9:30 Hymn Singalong 10:00 Snack Shack 10:30 Fun Fall Facts 12:00 Friendsgiving Food Drive Luncheon 2:00 Arts & Crafts 3:00 Sit N Stay Fit 3:30 Brother Allen	National Go for a Ride Day ²² 9:00 Devotion 9:30 Hymn Singalong 10:00 Snack Shack 10:30 Dice-rcise 1:00 Bus Outing 2:00 Snack Shack 2:30 Friday Fun Day: Assorted Games 3:30 Color Me Wonderful	²³ 8:30 Morning News & Coffee 9:30 Courtyard Stroll 10:00 Snack Shack 10:30 Bingo 1:00 Courtyard Gathering 2:00 Snack Shack 2:30 Cognitive Stimulation Station Activity Sheets 3:30 Afternoon Movie
²⁴ 8:30 Morning News & Coffee 9:30 Church Service with Theodore Church of God 10:00 Snack Shack 1:00 Courtyard Gathering 2:00 Snack Shack 2:30 Cognitive Stimulation Station Activity Sheets 3:30 Afternoon Movie	National Parfait Day ²⁵ 9:00 Upper Body Stretches 9:30 Autumn Jazz Cafe Music 10:00 Snack Shack 10:30 True OR False 2:00 Courtyard Gathering 2:30 Crackling Fireplace: Autumn Sensory Nail Spa 3:00 Color Me Wonderful 3:30 Monday Matinee	²⁶ 9:00 Lower Body Stretches 9:30 Campfire Singalong 10:00 Snack Shack 10:30 “Pick Your Poison” 2:00 Wizard of Oz themed Farmer’s Market Social 2:30 Matinee featuring “The Wiz” (YouTube) 3:00 Tabletop Activities	National Jukebox Day ²⁷ 9:00 Devotion 9:30 Hymn Singalong 10:00 Praise & Fitness with Christina Boyd 10:30 Snack Shack & Facts 2:00 Courtyard Gathering 2:30 Bingo 3:00 UNO with Friends 3:30 Independent Activities	Thanksgiving ²⁸ 9:00 Macy’s Thanksgiving Day Parade 9:30 Tabletop Activities 10:00 Snack Shack 10:30 Fun Fall Facts 2:00 Snack Shack 2:30 Arts & Crafts 3:00 Sit N Stay Fit 3:30 Brother Allen	²⁹ 9:00 Devotion 9:30 Hymn Singalong 10:00 Snack Shack 10:30 Dice-rcise 1:00 Bus Outing 2:00 Snack Shack 2:30 Friday Fun Day: Assorted Games 3:30 Color Me Wonderful	³⁰ 8:30 Morning News & Coffee 9:30 Courtyard Stroll 10:00 Snack Shack 10:30 Bingo 1:00 Courtyard Gathering 2:00 Auburn Tigers vs. Alabama Crimson Tide Iron Bowl Tailgate Party!

Resident Spotlight: Edith Paquet



Edith Paquet: A Life of Service, Faith, & Friendship

Born on February 10, 1938, in the close-knit community of Semmes, Alabama, Edith Margaret Kelly Paquet grew up with two older brothers. In 1956, she graduated from Semmes High School, setting the foundation for a life marked by dedication, faith, and service.

After high school, Edith embarked on an adventure to Washington, D.C., where she held a clerical position with the FBI for several years. Though she enjoyed her time in the nation's capital, her heart remained in Alabama. Eventually, Edith returned home, settling first in Mobile and later in Theodore.

For over 30 years, Edith worked with unwavering dedication in the Mobile County School Board's Health Services Department, retiring in 1999. Her faith was the cornerstone of her life. As a longtime member of the First Baptist Church of Theodore, she found great joy in Bible study and church involvement. Edith's spirituality was a source of strength, especially after the loss of her beloved daughter, Rhonda.

Beyond work and church, Edith pursued a variety of interests. She was a talented pianist, a devoted reader, and a lover of mystery-solving TV shows like *Murder, She Wrote* and *Matlock*. She also collected over 300 pairs of salt and pepper shakers from around the world.

In February, Edith became part of the Knollwood Pointe community, where she has thrived. Recently, she was reunited with her best friend of many years, Jackie, who also joined the Knollwood Pointe family.

Edith's life is a testament to faith, friendship, and service. She continues to inspire those around her with her grace, wisdom, and humor.

November Birthdays

